

Prairie Central Lunch and Breakfast Menu

May 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Breakfast is offered daily at All schools</p>  <p>Fruit/Juice and Milk Offered with Breakfast</p>		<p>1 Hot Dog/Bun; Potato Rounds; Cottage Cheese; Chilled Peaches</p> <p>Breakfast: Funnel Cake</p>	<p>2 Soft Shell Taco (Meat, Cheese, Soft Shell); Shredded Lettuce, Salsa; Corn on the Cob; Fresh Orange Slices</p> <p>Breakfast: Pancake Sausage Dog</p>	<p>3 Pizza; Buttered Peas Strawberries/Bananas Rice Krispie Treat</p> <p>Breakfast: Breakfast Pizza</p>	<p>4 Chicken Nuggets Baked Potato/Toppings California Blend; Fresh Apple</p> <p>Breakfast: Cook's Choice</p>	<p>5</p>
<p>*Check student account balance online *Monitor lunchroom purchases *Make payments to your student's lunch account *Receive e-mail reminders when your student's balance is low *Set up Auto-replenish payments www.mealpayPlus.com</p>	<p>7 Corn Dog Nuggets; Baked Beans Tiny Pretzel Twists Chilled Pears</p> <p>Breakfast: Breakfast Bagel</p>	<p>8 Max Cheese Dippers; Dipping Sauce Hot Candied Carrots; Fresh Grapes</p> <p>Breakfast: Egg Patty/Cheese, Biscuit</p>	<p>9 Oven Roasted Chicken; Mashed Potatoes/Gravy; Dinner Roll Seasoned Green Beans; Chilled Peaches</p> <p>Breakfast: Pancake, Sausage</p>	<p>10 Chicken Fajitas (Chicken, Cheese, Soft Shell); Seasoned Corn; Chilled Applesauce; Jello Square</p> <p>Breakfast: Breakfast Pizza</p>	<p>11 Nacho Supreme (Meat, Cheese Sauce); Tortilla Chips, Refried Beans Shredded Lettuce; Warm Fruit Crisp</p> <p>Breakfast: Cook's Choice</p>	<p>12</p>
<p>Free & Reduced meal forms can be obtained from each of the building offices at any time throughout the school year.</p> <p>Joni BesGrove, Food Service Director 815-692-2115</p>	<p>14 Cheeseburger/Bun; Buttered Peas Potato Rounds; Chilled Mixed Fruit</p> <p>Breakfast: French Toast Stix</p>	<p>15 Stuffed Crust Pizza; Corn on the Cob; Chilled Applesauce</p> <p>Breakfast: Cinnamon Roll</p>	<p>16 Taco Salad (Meat, Cheese); Shredded Lettuce, Salsa, Tortilla Chips; Warm Cinnamon Apples; Frozen Yogurt</p> <p>Breakfast: Pancake Sausage Dog</p>	<p>17 Spaghetti with Meat Sauce; Garlic Bread; Fresh Romaine Lettuce Salad Chilled Peaches;</p> <p>Breakfast: Breakfast Bacon Scramble</p>	<p>18 Turkey Roast; Mashed Potatoes/Gravy; Seasoned Corn Chilled Pears</p> <p>Breakfast: Cook's Choice</p>	<p>19</p>
<p>Milk and Bread Offered Daily</p>  <p>Salad Bar Offered Daily at JH and HS</p>	<p>21 Corn Dog; Oven Potatoes Seasoned Corn Graham Crackers</p> <p>Breakfast: Cook's Choice</p>	<p>22 Sub Sandwich (Meat, Cheese, Sub Bun); Baked Beans; Corn Chips or Tiny Pretzel Twists; Treat</p> <p>Breakfast: Cook's Choice</p>	<p>23</p>	<p>24</p>	<p>25</p>	<p>26</p>
<p>Students who participate in school breakfast are more likely to consume fruit and milk at breakfast.</p> 		<p>29</p>	<p>30</p>	<p>31</p>		