


Be Healthy – Using Your Wellness Benefits

Helping You Stay Healthy



Health Alliance emphasizes prevention through comprehensive wellness coverage. We support members throughout their lives, not just when they're sick.



We cover preventive services and tests, even when you are healthy. Here is a partial list of the services included in your comprehensive wellness benefit*:

- One wellness exam, per member (no age limitations), per plan year.
- One wellness visit to a Women's Principal Health Care Provider, per year.
- Well-child care
- The screenings, procedures and immunizations listed below, within the applicable wellness benefit:
 - Blood sugar screening (including a basic metabolic panel and comprehensive metabolic panel)
 - Cervical cancer screening (Pap smear)
 - Cervical cancer vaccine
 - Childhood immunizations
 - Chlamydia screening
 - Cholesterol screening
 - Colorectal cancer screening (flexible sigmoidoscopy, screening colonoscopy, fecal occult blood test)

*Office visit copayment or coinsurance may apply and/or be applicable to a deductible. Age limitations and frequencies may apply.

A detailed listing of wellness-covered procedures and services follows.

Procedure Codes

Descriptions

| Immunizations | |
|--|--|
| 90460-90461, 90471-90474 | Immunization administration |
| 90632-90634 | Hepatitis A |
| 90636 | HepA-HepB adult |
| 90644, 90733-90734 | Meningococcal |
| 90645-90648 | Hib |
| 90649 90650 | HPV quadrivalent 3 dose (ages 9-26) HPV bivalent 3 dose (ages 9-26) |
| 90653-90658, 90660-90664, 90666-90668, 90672, 90685-90688, Q2033-Q2039 | Influenza |
| 90669-90670, 90732, S0195 | Pneumococcal |
| 90680-90681 | Rotavirus |
| 90696 | DTaP-IPV (4-6 years) |
| 90698 | DTaP – Hib – IPV |
| 90700 | DTaP < 7 years |
| 90701 | DTP – diphtheria, tetanus & pertussis |
| 90702 | DT < 7 years |
| 90703 | Tetanus toxoid |
| 90704 | Mumps |
| 90705 | Measles |
| 90706 | Rubella |
| 90707 | Measles, mumps & rubella MMR |
| 90708 | Measles and rubella |
| 90710 | Measles, mumps, rubella and varicella vaccine MMRV |
| 90712-90713 | Poliovirus (OPV or IPV) |
| 90714 | Td 7 years and older |
| 90715 | Tdap 7 years and older |
| 90716 | Varicella (VZV) – chicken pox |
| 90718 | TD |
| 90719 | Diphtheria toxoid |
| 90720 | DTP-Hib |
| 90721 | DtaP-Hib |
| 90723 | DtaP-HepB-IPV |
| 90736 | Herpes Zoster (shingles) |
| 90739, 90740, 90743, 90744, 90746, 90747 | Hepatitis B |
| 90748 | HepB-Hib |
| G0008 | Administration of influenza virus vaccine |

| Alcohol Screenings | | |
|-----------------------------------|--|---|
| 99408, 99409 | Alcohol and/or substance (other than tobacco) abuse structured screening (e.g., AUDIT, DAST and brief intervention [SBI] services; 15 to 30 minutes) | Four visits per year |
| G0442 | Annual alcohol misuse screening, 15 minutes | |
| G0443 | Brief face-to-face behavioral counseling for alcohol misuse, 15 minutes | Four visits per year |
| Bone Density | | |
| 76977, 77078, 77080, 77081, G0130 | DXA, bone density study | One per lifetime |
| Cholesterol | | |
| 80061 | Lipid profile | Once every 5 years for men 35 and older; women 45 and older Once every 5 years for men ages 20-35; women ages 20-45 (with V17.3-V17.4X, V81.0-V81.2) |
| 82465 | Cholesterol, serum or whole blood, total | Once every 5 years for men 35 and older; women 45 and older Once every 5 years for men ages 20-35; women ages 20-45 (with V17.3-V17.4X, V81.0-V81.2) |
| 83718 | Lipoprotein, direct measurement; high-density cholesterol (HDL cholesterol) | Once every 5 years for men 35 and older; women 45 and older Once every 5 years for men ages 20-35; women ages 20-45 (with V17.3-V17.4X, V81.0-V81.2) |
| 83721 | Lipoprotein, direct measurement; LDL cholesterol | Once every 5 years for men 35 and older; women 45 and older Once every 5 years for men ages 20-35; women ages 20-45 (with V17.3-V17.4X, V81.0-V81.2) |
| 84478 | Triglycerides | Once every 5 years for men 35 and older; women 45 and older Once every 5 years for men ages 20-35; women ages 20-45 (with V17.3-V17.4X, V81.0-V81.2) |

| Colorectal | | |
|--|--|--|
| G0104 | Colorectal cancer screening, flexible sigmoidoscopy | Once every 5 years starting at age 50 |
| G0105 | Colorectal cancer screening, colonoscopy | Once every 10 years starting at age 50 |
| G0106 | Colorectal cancer screening, alternative to G0104, screening sigmoidoscopy, barium enema | Once every 5 years starting at age 50 |
| G0120 | Colorectal cancer screening, alternative to G0105, screening colonoscopy, barium enema | Once every 10 years starting at age 50 |
| G0121 | Colorectal cancer screening, colonoscopy on individual not meeting criteria for high risk | Once every 10 years starting at age 50 |
| G0328 | Colorectal cancer screening, fecal occult blood test, immunoassay, 1-3 simultaneous determinations | Annually starting at age 50 |
| 45330 | Flexible sigmoidoscopy | Once every 5 years starting at age 50 |
| 45383-PT, 45384-PT, 45385-PT, 45378-PT, 45380-PT | Colonoscopy, flexible | Once every 10 years starting at age 50 |
| 82270, 82271, 82274 | Blood occult screening | Annually starting at age 50 |
| Diabetes | | |
| 82947 | Glucose (fasting blood sugar) | |
| 82950 | Glucose, post prandial | |
| 82951 | Glucose, tolerance test | |
| G0108 | Diabetes self-management training, individual session (two or more), 30 minutes | |
| G0109 | Diabetes self-management training, group session (two or more), 30 minutes | |
| HIV | | |
| 86689 | Antibody, HTLV or HIV antibody, confirmatory test (e.g., Western Blot) | |
| 86701 | Antibody, HIV-1 | |
| 86702 | Antibody, HIV-2 | |
| 86703 | Antibody, HIV-1 and HIV-2, single assay | |
| 87389 | Infectious agent antigen detection by enzyme immunoassay technique, qualitative or semi-quantitative, multiple-step method; HIV-1 antigen(s), with HIV-1 and HIV-2 antibodies, single result | |
| 87390 | Infectious agent antigen detection by enzyme immunoassay technique, qualitative or semi-quantitative, multiple-step method; HIV-1 | |
| 87391 | Infectious agent antigen detection by enzyme immunoassay technique, qualitative or semi-quantitative, multiple-step method; HIV-2 | |
| G0432, G0433, G0435 | Infection agent antibody detection | |
| S3645 | HIV-1 antibody testing of oral mucosal transudate | |
| Men's Health | | |
| G0102-G0103, 84152-84154 | Prostate cancer screening | |
| G0389 | Ultrasound AAA screening | Men age 65-75 |

| Newborn | | |
|---|---|---|
| 84030 | Phenylalanine (PKU) | |
| 84443 | Thyroid stimulating hormone (TSH) | |
| 85660 | Sickling of RBC, reduction | |
| 85014, 85018 with V20.2 | Anemia test | Age 21 and younger |
| 83655 (with V20.2) | Lead screening | Age 21 and younger |
| 86580 (with V20.2) | TB testing | Age 21 and younger |
| 80061, 82465, 83721, 84478 (with V20.2 and V77.91) | Dyslipidemia screening | Age 21 and younger |
| Sexually Transmitted Diseases | | |
| G0445 | Semi-annual high-intensity behavioral counseling to prevent STIs. Includes education, skills training and guidance on how to change sexual behavior | Two every 12 months |
| 86592-86593 | Syphilis test | |
| 87270, 87320, 87490-87492, 87810 | Chlamydia | |
| 87850, 87590-87592 | Gonorrhea | |
| 87620-87622 | Papillomavirus (HPV) | Screening should begin at 30 years of age and should occur no more frequently than every three years. |
| Women's Health | | |
| P3000-P3001, Q0091, R923 | Pap smear | |
| G0101 | Cervical or vaginal cancer screening, pelvic and breast exam | |
| G0123, G0124, G0141, G0143-G0145, G0147-G0148 | Screening cytopathology, cervical or vaginal | |
| 88141-88143, 88147, 88148, 88150, 88152-88155, 88164-88167, 88174-88175 | Cytopathology, cervical or vaginal | |
| 86304 | Immunoassay for ovary tumor antigen | |
| E0602 | Breast pump, manual | |

| Women's Health - Contraceptive Management* (with Diagnosis) | | |
|--|--|----------------------------|
| A4261 | Cervical cap for contraceptive use | |
| A4264 | Permanent implantable contraceptive intratubal occlusion device(s) and delivery system | |
| A4266 | Diaphragm for contraceptive use | |
| S4989, J7300, J7307, Q0090 | Contraceptive intrauterine device (IUD), including implants and supplies | |
| J1050 | Medroxyprogesterone acetate | |
| J7301 | Levonorgestrel-releasing intrauterine contraceptive system (Skyla) | |
| J7302 | Levonorgestrel-releasing intrauterine contraceptive system (Mirena) | |
| 57170 | Diaphragm or cervical cap fitting with instructions | |
| 58300, 58301 | Insertion and removal of intrauterine device (IUD) | |
| 58565 | Hysteroscopy, surgical; with bilateral fallopian tube cannulation to induce occlusion by placement of permanent implants | |
| 58600, 58605, 58611 | Ligation or transaction of fallopian tube(s), abdominal or vaginal approach, unilateral or bilateral | |
| 58615 | Occlusion of fallopian tube(s) by device (e.g., band, clip, Falope ring) vaginal or suprapubic approach | |
| 58670 | Laparoscopy, surgical; with fulguration of oviducts (with or without transaction) | |
| 58671 | Laparoscopy, surgical; with occlusion of oviducts by device (e.g. band, clip or Falope ring) | |
| Women's Health - Mammography | | |
| 76645 | Ultrasound, breast(s) (unilateral or bilateral), real time with image documentation | |
| 77052, 77057, G0202, R403 | Screening mammography | Once a year ages 35 and up |
| 96040 (with diagnosis) | Medical genetics counseling (for BRCA) | |
| Women's Health - Obstetric Exams and Screening With Maternity Diagnosis | | |
| 80055 | Obstetric profile | |
| 81000-81002 | Urinalysis | |
| 83540 | Iron | |
| 85007, 85009 | Differential WBC count | |
| 85025, 85027 | Automated hemogram | |
| 86762 | Antibody, rubella | |
| 86850 | Transfusion screen | |
| 86900, 86901 | Blood typing | |
| 87086, 87088 | Urine culture/colony count; urine bacteria | |
| 87340-87341 | Hepatitis B surface antigen detection | |
| 87350 | Hepatitis B antigen (HBeAg) | |
| 85004 | Blood count; automated differential WBC | |

* For members with pharmacy benefits, a listing of contraceptives covered at the pharmacy can be found at HealthAlliance.org.

| Smoking Cessation | | |
|---|--|--------------------|
| 99406, 99407, G0436-G0437 | Smoking and tobacco use cessation counseling visit | |
| Miscellaneous | | |
| G0117, G0118 | Glaucoma screening | |
| 92551 | Hearing screening, pure tone | Age 21 and younger |
| 80048 | Basic metabolic panel | |
| 80053 | Comprehensive metabolic panel | |
| G0270, G0271 97802-97804 (with diagnosis codes) | Medical nutrition therapy | |
| G0444 | Annual depression screening; 15 minutes | |
| G0446 | Bi-annual face-to-face intensive behavioral therapy to reduce CVD risk; 15 minutes | |
| G0447 (with diagnosis codes) | Face-to-face behavioral counseling for obesity, 15 minutes | 26 every 12 months |
| 99173 | Screening test of visual activity | Age 21 and younger |
| 99420 | Administration and interpretation of health risk assessment instrument (e.g., health hazard appraisal) | |
| 96110 | Developmental testing | |
| Preventive Care Exams | | |
| 99381-99387, 99391-99397 | Preventive Medicine Services | |
| 99401-99404, 99411, 99412 | Preventive counseling | |
| R770 | Preventive Care Services | |
| R771 | Preventive Care Services Vaccine Administration | |
| R779 | Other preventive services | |
| G0402-G0405 | Initial preventive physical exam | |
| G0438, G0439 | Preventive Care Exams | |

Visit our website at HealthAlliance.org and log in as a member to view the most current listing of covered preventive service codes. If your doctor bills Health Alliance with a code that is not on this list, the service may not be covered under the wellness benefit.

If you have any questions about your wellness benefit, please call Health Alliance at 1-800-851-3379, Monday through Friday, 8 a.m.-5 p.m.



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