

LUNCH

BREAKFAST

JANUARY 2019

Prairie Central CUSD #8

Breakfast	\$2.40
Reduced Breakfast	\$.30
Elementary Lunch	\$3.20
JH Lunch	\$3.45
HS Lunch	\$3.80
Reduced Lunch	\$.40

Monday

Tuesday

Wednesday

Thursday

Friday

1

No School

2

No School

3

No School

4

No School

7

Cheese Bites (K-12)
Or PBJ Combo
Or Pork Patty on Bun (7-12)
Pizza Sauce
Seasoned Green Beans
Sidekicks Frozen Fruit
Breakfast:
Cereal, Cereal Bar

8

Pancakes
Sausage
Or PBJ Combo
Potato Rounds
Chilled Fruit Juice

Breakfast:
Pancake Sausage Dog

9

Nacho Supreme (Meat, Cheese Sauce)
Tortilla Chips
Or PBJ Combo
Shredded Lettuce, Salsa, Refried Beans
Fresh Apple
Breakfast:
Cereal, Cereal Bar

10

Bosco Mozzarella Breadstick
Meat Sauce, Pasta
Or PBJ Combo
Chopped Romaine Lettuce
Chilled Pineapple
Breakfast:
Strawberry Yogurt Parfait, Granola or Cereal

11

Chicken Nuggets
Or PBJ Combo
Mashed Potatoes & Gravy
Baked Beans
Chilled Peaches
Fresh Baked Brownie
Breakfast:
Cheese Omelet, Toast

14

Cheeseburger on Bun (K-12)
Or PBJ Combo
Or Max Snax (7-12)
Baked Beans
French Fries
Chilled Pears, Sherbet Cup
Breakfast:
Cereal, Cereal Bar

15

Chicken Drumstick
Dinner Roll
Or PBJ Combo
Mashed Potatoes & Gravy
Chopped Broccoli
Chilled Applesauce
Breakfast:
Mini Donuts

16

Stuffed Crust Pizza
Or PBJ Combo
Seasoned Green Beans
Chopped Romaine Lettuce
Chilled Peaches

Breakfast:
Cereal, Cereal Bar

17

Alfredo Chicken
Garlic Bread
Or PBJ Combo
Buttered Corn
Baked Sweet Potatoes
Strawberries & Bananas
Breakfast:
Biscuit & Gravy

18

Meatball Sub Sandwich
Or PBJ Combo
Corn Chips, Shredded Lettuce
Baby Carrots, Ranch Dip
Fresh Orange Slices
Mini Rice Krispie Treat
Breakfast:
Cereal, Toast

21

No School

22

Wild Mike's Pizza
Or PBJ Combo
Chopped Romaine Lettuce
Seasoned Green Beans
Chilled Pears

Breakfast:
Pancake Sausage Dog

23

Taco Salad (Meat, Cheese)
Tortilla Chips
Or PBJ Combo
Shredded Lettuce, Salsa, Fiesta Beans
Fresh Fruit
Breakfast:
Cereal, Cereal Bar

24

French Toast Sticks
Sausage
Or PBJ Combo
Oven Potatoes
Chilled Fruit Juice

Breakfast:
Warm Breakfast Bread

25

Chicken Tenders
Or PBJ Combo
Au Gratin Potatoes
Chopped Broccoli
Chilled Peaches
Marshmallow Cereal Treat
Breakfast:
Cheese Omelet, Toast

28

McRib on Bun (K-12)
Or PBJ Combo
Or Corn Dog Nuggets (7-12)
Buttered Corn, Baked Beans
Chilled Fruit Cocktail
Frozen Yogurt Cup
Breakfast:
Cereal, Cereal Bar

29

Mandarin Orange Chicken
Steamed Rice
Or PBJ Combo
Buttered Peas
Candied Carrots
Chilled Peaches, Fresh Baked Cookie
Breakfast:
Breakfast Pizza

30

Hot Pretzel, Cheese Sauce, Ham
Cottage Cheese
Or PBJ Combo
California Blend
Chopped Romaine Lettuce
Chilled Pears
Breakfast:
Cereal, Cereal Bar

31

Chicken Wrap (Chicken Sticks, Cheese, Soft Shell)
Or PBJ Combo
French Fries
Shredded Lettuce
Chilled Pineapple
Breakfast:
Pancake, Sausage

Free and Reduced Meal Applications are available on the Prairie Central website. Follow the InfoSnap Online Registration Link to the NSLP Application. Check your student's account balance at MyPaymentsPlus.com. Breakfast is offered daily at all schools. Cereal, cereal bars, fresh fruit, and juice are offered daily with breakfast. Breakfast is important because your body needs a source of energy after going the whole night without food. A fresh salad bar is offered daily at the High School. White and flavored milk is offered daily for breakfast and lunch.

Joni Besgrove, Food Service Director 815.692.2115

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